

PROBLEMS OF ADOLESCENTS

Adolescence is very difficult stage. The adolescents during this stage are at a very delicate crossing, sometimes they consider themselves as adult and consider themselves capable of thinking and doing everything and sometimes consider themselves mere as child and depend on other.

1. PROBLEM OF FULFILLMENT OF NEEDS AND ASPIRATIONS;

Need of adolescents increase rapidly during adolescence. They demand good food, clothes, and other facilities at home and study and sports facilities in schools. their aspirations also increase and there is no limit of aspiration. They want to get all that they have not got. In case of non fulfillment of needs and aspirations, they develop inferiority complex, which makes their behaviour negative.

2. PROBLEM OF BIOLOGICAL NEEDS ;

The sex instinct rises very rapidly during adolescence. It develops fully at the age of 15 years in girls and at the age of 18 years in boys in india. It rise creates a strange storm in the body and mind of adolescents. Their attraction for

the members of opposite sex increases and day dreaming increases.

3. PROBLEM OF CONTROL ON FREEDOM;

Adolescents want to live freely during this stage. They want to be emancipated from any type of control of the family, school and society. The problem before guardians and teachers is, if they give them full freedom then there is a possibility of their proceedings on an evil path and if they control them, then they may revolt.

4. PROBLEM OF ADJUSTMENT;

Adolescents sometimes consider themselves as children and are not able to adjust with their elders , and sometimes consider themselves as adults and are not able to adjust with children.

At this age, they are the members of different social groups and the behavioural norms of different communities are different, so they are faced with the acute problem of their adjustment. Sometimes they forget the behavioural norms of social group in order to adjust with the family.

5. PROBLEM OF SELF RESPECT AND STATUS;

The sentiment of self respect is very intense in adolescents, they are also very cautious about their status

in group. It has been seen that even a minor hurt to their self respect perturbs them greatly and their behaviour become abnormal. In the same way, when they do not get a proper place in the group, they become imbalanced and become maladjusted, or they make otherwise conduct in order to attract the attention of group. It increases indiscipline and crimes

6. PROBLEM OF ANXIETY FOR FUTURE;

As adolescents grow, they become more and more anaxious about their future. There are several fields of this anxiety, self respect, status in group, realization of needs, success in examinations, good life partner, good profession etc.

7. PROBLEM OF MORAL DEVELOPMENT;

Adolescents is very perturbing stage of life, on one hand adolescents are attracted to religion, philosophy, ideals and values and on the other they are attracted to bad habits of smoking, tobacco chewing and sexual desire. They have problem, that is, what to do and what not to do and if they choose bad path then how to hide it. The problem of guardians and teachers is how to protect them from evils.